# COUNTY OF LOS ANGELES DEPARTMENT OF MENTAL HEALTH AND DEPARTMENT OF PUBLIC HEALTH

# INCLUDED MENTAL HEALTH SERVICES FOR HEALTHY WAY L.A. AND RYAN WHITE PROGRAM BENEFICIARIES

| Type of Service                | DMH – Healthy Way L.A. Tier 2   | DPH – Ryan White Program  |   |
|--------------------------------|---|---|---|
|                                |   | Psychiatry  | Psychotherapy   |
| Assessment                     | Services provided at intake and when additional clinical analysis of the client is appropriate and medically necessary utilizing the Mental Health Integration Program (MHIP) model.  | Services provided at intake and when additional clinical analysis of the client is appropriate and necessary.   | Services provided at intake and when additional clinical analysis of the client is appropriate and necessary.   |
| Individual<br>Therapy          | Services provided to individual clients utilizing the MHIP model and following the treatment protocols contained within the MHIP materials.   | Individual Treatment Sessions: Services provided directly to individual clients. Includes medication management sessions.   | Services provided to individual clients.  |
| Targeted<br>Case<br>Management | Services to assist clients in keeping engaged with treatment or connected with other ancillary services. FOR COMMUNITY PARTNERS, THIS IS NOT A STAND-ALONE SERVICE, BUT A BUNDLED COMPONENT OF AN INDIVIDUAL SESSION.   | NOT COVERED UNDER MENTAL HEALTH, but HIV/AIDS Case Management Services are available under Ryan White's Case Management Programs.   | NOT COVERED UNDER MENTAL HEALTH, but HIV/AIDS Case Management Services are available under Ryan White's Case Management Programs.   |
| Team<br>Consultation           | Psychiatric Consultation with the MHIP Team: Psychiatric consultation provided to the MHIP team weekly and/or as clinically appropriate. Consultation may include, but not be limited to: case reviews on all patients who are not improving clinically or require additional assessment and/or support toward the development of a treatment plan. | Psychiatric Consultation with the Care Team: Psychiatric consultation provided to the Care team as clinically appropriate. Consultation may include, but not be limited to: case reviews on all patients who are not improving clinically or require additional assessment and/or support toward the development of a treatment plan. | Consultation with the Care Team: Consultation provided to the Care team as clinically appropriate. Consultation may include, but not be limited to: case reviews on all patients who are not improving clinically or require additional assessment and/or support toward the development of a treatment plan. |

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|-----------------------------|--|---|---|
|                             |  | Psychiatry  | Psychotherapy   |
| Psychiatric<br>Consultation | With the primary care provider (PCP) for<br>the purpose of assessing medication<br>and treatment needs and developing<br>appropriate plans for the clients.  | With the PCP for the purpose of assessing medication and treatment needs and developing appropriate plans for the clients. Consultation should especially cover possible drug to drug interactions between psychotropic and HIV meds. | Consultation with the PCP for the purpose of coordinating mental health treatment needs and developing appropriate plans for the clients. |
| Psychiatric<br>Evaluation   | A face-to-face psychiatric evaluation between the consulting psychiatrist (CP) and the client to allow the CP to evaluate the client and provide detailed feedback to the PCP and/or MHIP treatment team to better determine the client's needs. This service is provided when the client:  a. Is not showing positive responses to medications prescribed; or  b. Is not making the anticipated progress toward therapeutic goals after adequate treatment adjustments have been attempted; and/or  c. As determined by the CP to be medically necessary. | A face-to-face psychiatric evaluation between the psychiatrist and the client to allow the psychiatrist to evaluate the client and determine the client's needs.  | Psychotherapeutic Evaluation is covered under Mental Health Assessment.   |

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|------------------------|--|--|--|
|                        |  | Psychiatry   | Psychotherapy  |
| Crisis<br>Intervention | Crisis intervention is not a formal aspect of the MHIP model, but may be offered during the course of treatment in order to provide for emergent client needs. Clients requiring additional care or more intensive treatment should be referred to specialty mental health services for longer-term or more intensive interventions. | Non-formal and intermittent treatment services that are provided during the course of treatment in order to provide for emergent client needs. | Non-formal and intermittent treatment services that are provided during the course of treatment in order to provide for emergent client needs. |
| Additional<br>Services |  |  | Group and Family Therapy: Services provided to clients in a group setting.   |